

THE PEAK

MALAYSIA

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THE TAO OF VINCENT TIEW

THE ANDAMAN GROUP'S
DATO' SRI (DR)
VINCENT TIEW ON HOW HIS
PAST SHAPED HIS PRESENT.

THE WELLNESS ISSUE

HIGHLANDS FLING
EXPLORING NEW SOUTH WALES'
COOLER CLIMES

THE BEST OF SIHH 2015
HIGH ON HOROLOGY IN GENEVA

4 PERSONALITIES
ON HOW TO MAKE MONEY
FROM FITNESS

COMPLETE WELLBEING

For tired denizens of Kuala Lumpur seeking to escape the hustle and bustle of everyday life, there's a place high on the hills of Pahang that offers an unforgettable experience guaranteed to lull you into a rare state of peace.

Located in Bukit Tinggi, Pahang, and a mere 45 minutes from Kuala Lumpur, The Chateau Spa & Organic Wellness Resort is an impressive property that sits on 34,000 sq m of unspoilt land and surrounded by lush tropical rainforest. Modelled after a 12th-century French castle, The Chateau provides a sanctuary for weary travellers seeking to get away from it all by immersing themselves within a complete organic experience complemented by impeccable service and unsurpassed Asian hospitality.

Deemed as the world's first organic spa and wellness resort, guests at The Chateau will be spoilt for choice by a variety of enchanting spa treatments available at La Santé, the first European concept spa in Asia and the jewel in The Chateau's crown. Beyond the scrubs, wraps and addictive massages, La Santé also houses a multitude of wellness facilities designed to leave one feeling completely transformed from within. These include a therapeutic *Herbal Bath* that infuses the air with rosemary, chamomile or lavender; the heated Salt Grotto featuring walls embellished with Swarovski crystals where one can eliminate toxins while relieving muscular aches and pain; a state-of-the-art Aquaveda therapy bed specially

designed for *Soap Brush* treatments to help revitalise one's skin; and an Aroma Hydro Pool containing a heady blend of essential oils to help reawaken the senses.

Apart from the extensive range of pampering spa treatments offered at La Santé, guests staying at The Chateau can also indulge in a variety of delectable yet healthy cuisines that have been meticulously prepared using fresh produce harvested from the botanical gardens and organic farm nearby. Choices include L'assiette, a fine dining establishment that specialises in delectable French cuisine, La Vie, wherein guests can dine at their own leisure, and the enchanting tea room simply known as Belle Vue.

Affirming its status as one of the best spa destinations, The Chateau has also been the recipient of multiple prestigious awards, including The International Star Diamond Award from The American Academy of Hospitality Sciences, and four major awards bestowed by Seven Stars & Stripes, the global authority on award winning establishments. 🏆

Embark on a journey to wellness today by visiting thechateau.com.my for more information.



Among the treatments at The Chateau's La Santé spa is the *LPG Integral S Lipomassage*.



Eliminate toxins while relieving muscular aches at the heated Salt Grotto.