

La Santé SPA MENU
ORGANIC WELLNESS SPA

Gentle Facials

Nourishing Detox Facial

A nourishing detox facial that commences with deep cleansing of the back, lymphatic facial massage and a marine mask with hand harvested seaweed leaf strips.

Reviving Facial

A relaxing cleansing facial suitable for all skin types enriched with anti oxidant algae complexes and pro collagen organic extracts to give the natural glow one needs.

Corrective Facials

Aroma Lift

A 'non surgical' face lift that combines the electro puncture and energizing drainage to lift and firm the skin.

Collagen Activator for the Face by Alma RF™

The alternative to surgical procedures, non-invasive, state of the art technology to produce new collagen to treat skin imperfections, giving the skin a smoother and younger appearance.

Options:

Collagen Activator for the Eye by Alma RF™

A skin tightening treatment to reduce dark circles and to tighten the skin around the eyes.

Collagen Activator for the Neck by Alma RF™

A skin tightening treatment dedicated to the delicate skin around the neck and décolleté area by activating collagen and elastin.

LPG Endermolift – Face

This exclusive anti-aging endermolift technique redensifies in depth the skin and erase the signs of aging. Tired, dull complexions are revived by reoxygenating of the skin and re-activating the natural production of collagen and elastin.



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Options:

LPG Endermolift – Eye

The gentle, yet deep lift action redensifies the skin to smooth lines and wrinkles (crow's feet and brow furrows). By optimizing circulatory exchanges, liftmassage decongests puffy eyes and erases dark circles.

LPG Endermolift – Neck

This skin tightening treatment is designed for the thin, delicate skin of the neck and décolleté area. As collagen and elastin production are reactivated, a dramatic increase in skin elasticity is achieved.

Bust Lift

Aroma Bust

An effective firming and toning treatment for the bust. The body formula and stimulating oil improve the skin's elasticity and firmness of the bust area.

Pampering Massage

Swedish

An aromatherapy relaxing massage that adopts smooth, gliding strokes and kneading to promote complete body relaxation and rejuvenation.

Pre Natal

Mums-to-be deserve some pampering massage to improve relaxation, reduce stress and relief from normal discomforts experienced during pregnancy such as backaches, stiff necks, leg cramps and swelling.

Shiatsu

Uses finger pressure and stretching techniques to work on the body's acupuncture points, meridians and energy channels to alleviate body stiffness, muscle pulls, anxiety and energy congestion, promotes and restores the balance of "chi".

La Santé Signature

A unique combination of Swedish and Shiatsu massages to provide deep tissue and muscle tension relief. It helps to improve one's circulation and energy level in complete harmony.



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Therapeutic Massage

Stress Relief

A relaxing massage enhanced with the use of seaweed massage oil to relieve deep tissue and muscle tension and to revive one's energy level.

Seaweed Hot Stone

Heated stones are placed onto organic seaweed leaves all over the body during the massage. The dual action of the heat of the stones soothes body muscles whilst releasing precious extracts from the seaweed to key parts of your body.

Head, Neck & Shoulders

Take away the built up stress, stiffness and tension from your head, neck and shoulders. This focused pressure massage will restore comfort to these typically tense parts.

Reflexology

The practice of applying pressure to the feet to stimulate energy pathways and promote healing effects on corresponding parts of the body.

Body Exfoliation

Lavender Sugar Glow

A wonderful fragrant mix of lavender buds, seaweed and sugar to gently remove dead skin cells, increase circulation and support skin regeneration.

Bladderwrack Body Buff

100% certified organic powdered seaweed and oil scrub to protect the skin against cell damages, tone and stimulate, the ultimate treat for tired and dull skin.

Peppermint Sugar Glow

The fresh and invigorating organic peppermint essential oil with seaweed and sugar scrub cools and is uplifting while promoting skin renewal.

Organic Sea Salt Glow

A detoxifying salt exfoliating treatment that is designed to remove dull skin, refine the skin texture and helps to stimulate blood and lymphatic flow.

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Wellness Body Exfoliation

Soap Brush

A signature body exfoliation treatment performed on the heated and automated Aquaveda bed, enhancing body circulation, skin vitality and glow.

Hand and Feet Care

~ Manicure

~ Pedicure

~ Manicure & Pedicure

~ Spa Manicure

~ Spa Pedicure

~ Spa Manicure & Spa Pedicure

The ultimate pampering treatment for stressed, dry and chapped hands and feet, using the best of organic products to condition shape and buff nails and cuticles. Spa Manicure and Spa Pedicure treatments include soothing sea salts muscle soak and revitalizing scrub. Beautiful hands and feet is the ultimate goal.

Therapeutic Body Wrap

Mermaid's Purse

An intense hydrating and detoxifying wrap for tired, dry and dull skin by stimulating blood flow and promoting cell renewal.

Tangle Me Up

An anti aging and anti cellulite body wrap that helps to improve suppleness and elasticity of the skin. Its anti-oxidant compounds offer protection to cell damage.

Therapeutic Body Scrub and Wrap

Ocean Essence Body Envelopment

A combination of Fucus Serratur and Laminaria Digitata seaweed wrap stimulates blood and lymph circulation, an effective relief for muscle stress and fatigue.

Signature Seaweed Leaf

Visualize your entire body being wrapped with the finest seaweed, hand harvested from the ocean to ensure the highest content of bio-actives is preserved. This enriched wrap helps to detoxify, firm and soften the skin and is excellent for weight loss programmes.



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Bath

Lazy Days

Close your eyes and imagine you are swimming in the ocean, submerging your body into a luscious deep bath of Fucus Serratus Seaweed. The bath is designed to enhance blood circulation and detoxify the body through the stimulation of lymphatic system.

Aroma Bath Infusion

Relaxing bath infused with a blend of organic essential oils of lemon, lime, clove, basil, mandarin and patchouli to awaken your senses, enhance breathing and leaving your skin feeling hydrated, soft and smooth.

Seaweed Peat

An ancient traditional therapy of a dark deep relaxing bath that will soothe away your body's muscular aches and pains, relieving stress and fatigue. The infusions of organic blend of spicy peppery ginger with cinnamon herbs invigorates the body, mind and soul.

Wellness Therapy

Dry Body Brush

Using a firm Horse Hair bristled brush to remove dry and dull skin on the back, continued with a relaxing massage using seaweed massage oil to stimulate the circulatory and lymphatic system to promote detoxification and enhancing skin texture.

Seaweed Peat Ritual

An ultimate stress relief therapy which includes an invigorating bath, a gentle full body exfoliation, a head to toe body wrap in seaweed leaf and a restorative head massage. The bio active content in the seaweed promotes firmness and softening of the skin.



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Wellness Antidote

Aroma Detox

A body detox heat treatment to eliminate toxins and fluid retention.

Aroma Total Body

An anti-cellulite treatment using lymphatic drainage to eliminate fluid retention, promote detoxification and break down stubborn fat deposits.

Herbal Bath

An European heated chamber infused with the choice of herbs of Rosemary, Chamomile and Lavender.

LPG Relaxing / Jet-Lag

This energizing treatment stimulates reflex zones to release stored energy. As a result, the body quickly recuperates and adapts to the time change. A great remedy after a long flight.

Therapeutic Body Mud in Salt Grotto

Healing Earth

A relaxing and purifying mud that deep cleanse the skin and assist to combat rheumatism or joint problems.

Rock Oil Fango

A therapeutic mud for rheumatism, gout, phlebitis and muscle tension as it activates microcirculation and the lymphatic system to promote detoxification.

Dead Sea Mud

Pure dead sea mud enriched with minerals and trace elements to relieve tensed muscles, tired and painful joints.

Slim and Shape

Aroma Slim

An anti-cellulite treatment to break down stubborn fatty deposits.

Body Contouring by Alma RF™

Using radio frequency technology for advanced deep controlled heat therapy activating collagen to contour and slim the body, improve cellulite and tighten sagging skin.

Body Reshaping by Alma Ultrasound™

A novel treatment using state-of-the-art ultrasound technology for a safe, non-invasive and painless body reshaping, the first real alternative to surgical procedures – with no down time, recuperation period, and uncomfortable side effects. The ultrasound technology of resonance vibration technique reacts selectively to provoke the immediate and gradual break up of fat cells membranes. As a result the fat layers will continuously collapse and compact after treatment, resulting in a safe and effective lipolysis for long lasting results.

LPG Lipomassage – Slim and Tone

Cellular stimulation slimming treatment performed with LPG Roll technology. It is designed to slim the figure by activating lipolysis process and eliminate those resistant fat pockets that refuse to budge with weight loss, diets and exercise.

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	TREATMENT DURATION (mins)	PRICE RM
Gentle Facial		
~ Nourishing Detox Facial	75	385
~ Reviving Facial	50	330
Corrective Facial		
~ Aroma Lift	75	425
~ Collagen Activator for the Face	50	460
~ Collagen Activator for the Eye	20	270
~ Collagen Activator for the Neck	20	270
~ LPG Endermolift – Face	45	365
~ LPG Endermolift – Eye	20	270
~ LPG Endermolift – Neck	20	270
Bust Lift		
~ Aroma Bust	50	330
Pampering Massage		
~ Swedish	50 / 75	320 / 425
~ Pre Natal	50 / 75	320 / 425
~ Shiatsu	75	425
~ La Santé Signature	75	460
Therapeutic Massage		
~ Stress Relief	50	320
~ Seaweed Hot Stone	75	495
~ Head, Neck & Shoulders	20 / 50	165 / 295
~ Reflexology	20 / 50	165 / 295
Body Exfoliation		
~ Lavender Sugar Glow	50	350
~ Bladderwrack Body Buff	50	350
~ Peppermint Sugar Glow	50	350
~ Organic Sea Salt Glow	50	350

All prices are nett in Ringgit Malaysia..

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	TREATMENT DURATION (mins)	PRICE RM
Wellness Body Exfoliation		
~ Soap Brush	50	350
Hand and Feet Care		
~ Manicure	45	175
~ Pedicure	45	195
~ Manicure & Pedicure	80	310
~ Spa Manicure	50	245
~ Spa Pedicure	75	260
~ Spa Manicure & Spa Pedicure	110	440
Therapeutic Body Wrap		
~ Mermaid's Purse	50	350
~ Tangle Me Up	50	350
Therapeutic Body Scrub and Wrap		
~ Ocean Essence Body Envelopment	75	460
~ Signature Seaweed Leaf	75	525
Enriched Bath		
~ Lazy Days	50	415
~ Aroma Bath Infusion	20	195
~ Seaweed Peat	20	195
Wellness Therapy		
~ Dry Body Brush	75	460
~ Seaweed Peat Ritual	105	605
Wellness Antidote		
~ Aroma Detox	50	350
~ Aroma Total Body	75	495
~ Herbal Bath	20	130
~ LPG Relaxing Jet-Lag Remedy	45	460

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	TREATMENT DURATION (mins)	PRICE RM
Therapeutic Body Mud in Salt Grotto		
~ Healing Earth	20	195
~ Rock Oil Fango	20	195
~ Dead Sea Mud	20	195
Slim & Shape		
~ Aroma Slim	50	350
Body Contouring by Alma RF		
Option on Localised Areas:-		
~ Tummy and Love Handles	75	610
~ Upper and Lower Abdomen	50	515
~ Thighs	75	610
~ Buttocks	50	515
~ Arms	50	515
~ Lower and Upper Back	75	610
Body Reshaping by Alma Ultrasound		
Option on Localised Areas:-		
~ Tummy and Love Handles	75	610
~ Upper and Lower Abdomen	50	515
~ Thighs	75	610
~ Buttocks	50	515
~ Arms	50	515
~ Lower and Upper Back	75	610
LPG Lipomassage – Slim and Tone	45	460
Fitness & Yoga Classes		
~ Group Class	45	65
~ Personal One to One Training	45	130

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