

## GENTLE FACIALS

### Nourishing Detox Facial

75 mins RM385

A nourishing detox facial that commences with deep cleansing of the back, lymphatic facial massage and a marine mask with hand harvested seaweed leaf strips.

### Reviving Facial

50 mins RM330

A relaxing cleansing facial suitable for all skin types enriched with anti oxidant algae complexes and pro collagen organic extracts to give the natural glow one needs.

# THERAPEUTIC BODY WRAP

#### Mermaid's Purse

50 mins RM350

An intense hydrating and detoxifying wrap for tired, dry and dull skin by stimulating blood flow and promoting cell renewal.

#### Tangle Me Up

50 mins RM350

An anti aging and anti cellulite body wrap that helps to improve suppleness and elasticity of the skin. Its anti-oxidant compounds offer protection to cell damage.

All prices are nett in Ringgit Malaysia.

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# PAMPERING MASSAGE

#### Swedish

50 / 75 mins RM320 / 425

An aromatherapy relaxing massage that adopts smooth, gliding strokes and kneading to promote complete body relaxation and rejuvenation.

### La Santé Signature

75 mins RM460

A unique combination of Swedish and Shiatsu massages to provide deep tissue and muscle tension relief. It helps to improve one's circulation and energy level in complete harmony.

Shiatsu 75 mins RM425

Uses finger pressure and stretching techniques to work on the body's acupuncture points, meridians and energy channels to alleviate body stiffness, muscle pulls, anxiety and energy congestion, promotes and restores the balance of 'chi'.

Couple Swedish Massage 50 / 75 mins RM480 / 640 (per couple)

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# THERAPEUTIC MASSAGE

#### Stress Relief

50 mins RM320

A relaxing massage enhanced with the use of seaweed massage oil to relieve deep tissue and muscle tension and to revive one's energy level.

### Herbal Poultice

75 mins RM350

A real sensory treat! Warm, organic herbal & seaweed compresses are gently massaged into the body, releasing precious seaweed oil and herbal compounds into the skin and herbal and underlying muscle tissue. The penetrating heat provides deep relaxation while healing properties of organic herbal and seaweed soothe aches and pains. This full body treatment is the ultimate indulgence.

#### Head, Neck & Shoulders

20 / 50 mins RM165 / 295

Take away the built up stress, stiffness and tension from your head, neck and shoulders. This focused pressure massage will restore comfort to these typically tense parts.

#### Reflexology

20 / 50 mins RM165 / 295

The practice of applying pressure to the feet to stimulate energy pathways and promote healing effects on corresponding parts of the body.

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