

## GENTLE FACIALS

**Nourishing Detox Facial** 75 mins RM385

A nourishing detox facial that commences with deep cleansing of the back, lymphatic facial massage and a marine mask with hand harvested seaweed leaf strips.

**Reviving Facial** 50 mins RM330

A relaxing cleansing facial suitable for all skin types enriched with anti oxidant algae complexes and pro collagen organic extracts to give the natural glow one needs.

**Purifying Facial** 50 mins RM330

Pink clay has a long-standing reputation for toning and firming the skin, making it our main ingredient in our Purifying Facial. Those with sensitive or delicate skin can benefit from its softening and refining properties, which help improve skin texture.

**Pearl Gold Radiant Facial** 50 mins RM330

The Pearl Gold Radiant Facial incorporates a blend of Bentonite clay and natural fruit enzymes, specifically Papain and Bromelain, known for their proteolytic properties. By gently exfoliating the skin with the enzymatic masque, this facial encourages natural skin renewal, resulting in a brighter, softer, and more revived complexion.

## THERAPEUTIC BODY WRAP

**Mermaid's Purse** 50 mins RM350

An intense hydrating and detoxifying wrap for tired, dry and dull skin by stimulating blood flow and promoting cell renewal.

**Tangle Me Up** 50 mins RM350

An anti aging and anti cellulite body wrap that helps to improve suppleness and elasticity of the skin. Its anti-oxidant compounds offer protection to cell damage.

**Algae Marine Mask** 50 mins RM350

Microsecond marine algae and marine mud are rich in calcium, magnesium, trace elements, and micro-nutrients due to the high mineral content of sea water. Studies have shown that marine mud has detoxification properties and is used in thalassotherapy to soothe aches and pains, boost circulation and metabolism, and promote overall well-being. It blends well with bio essentials, purifying juniper, body tone, or circulation blends.

**Body Tone Marine Mask** 50 mins RM350

This mask combination of three seaweeds, namely fucus, lithothamnium, and laminaria, is widely used in thalassotherapy care for its slimming action. Laminaria provides iodine for regulation, while fucus and lithothamnium aid in elimination and cleansing. This blend works well with bio essentials; purifying juniper, body tone, or circulation blends.

## PAMPERING MASSAGE

Swedish 50 / 75 mins RM320 / 425

An aromatherapy relaxing massage that adopts smooth, gliding strokes and kneading to promote complete body relaxation and rejuvenation.

Prenatal 50 / 75 mins RM320 / 425

Mums-to-be, this massage is perfect to improve relaxation, reduce stress and relief from backaches, stiff necks, leg cramps and swelling resulting from pregnancy.

La Santé Signature 75 mins RM460

A unique combination of Swedish and Shiatsu massages to provide deep tissue and muscle tension relief. It helps to improve one's circulation and energy level in complete harmony.

Couple Swedish Massage 50 / 75 mins RM480 / 640  
(per couple)



## THERAPEUTIC MASSAGE

### Stress Relief

50 mins RM320

A relaxing massage enhanced with the use of seaweed massage oil to relieve deep tissue and muscle tension and to revive one's energy level.

### Herbal Poultice

75 mins RM350

A real sensory treat! Warm, organic herbal & seaweed compresses are gently massaged into the body, releasing precious seaweed oil and herbal compounds into the skin and herbal and underlying muscle tissue. The penetrating heat provides deep relaxation while healing properties of organic herbal and seaweed soothe aches and pains. This full body treatment is the ultimate indulgence.

### Head, Neck & Shoulders

20 / 50 mins RM165 / 295

Take away the built up stress, stiffness and tension from your head, neck and shoulders. This focused pressure massage will restore comfort to these typically tense parts.

### Reflexology

20 / 50 mins RM165 / 295

The practice of applying pressure to the feet to stimulate energy pathways and promote healing effects on corresponding parts of the body.

## WELLNESS ANTIDOTE

### Herbal Bath

20 mins RM130

A European heated chamber infused with the choice of herbs of Rosemary, Chamomile and Lavender.

## BODY EXFOLIATION

### Lavender Sugar Glow

50 mins RM350

A wonderful fragrant mix of lavender buds, seaweed, and sugar to gently remove dead skin cells, increase circulation and support skin regeneration.

### Peppermint Sugar Glow

50 mins RM350

The fresh and invigorating organic peppermint essential oil with seaweed and sugar scrub cools and is uplifting while promoting skin renewal.

### Organic Sea Salt Glow

50 mins RM350

A detoxifying salt exfoliating treatment that is designed to remove dull skin, refine the skin texture, and helps to stimulate blood and lymphatic flow.

### Bladderwrack Body Buff

50 mins RM350

100% certified organic powdered seaweed and oil scrub to protect the skin against cell damages, tone and stimulate, the ultimate treat for tired and dull skin.